



**Covid-19 match and training protocol for Dalston recreational ground, The Green Dalston, CA5 7QD**

**Pre-Game**

- DJBR Coach will send venue protocol and risk assessment to our team and parents and opposing club coach and match officials. We will ask opposing club coach to forward venue protocol and risk assessment onto opposing clubs players and or parents.
- FA Covid-19 symptom Checklist must be completed by both teams and anyone with symptoms should not attend.

<b>EACH PARTICIPANT SHOULD SELF-SCREEN PRIOR TO ARRIVAL AT TRAINING TO ENSURE THEY DO NOT HAVE ANY OF THE FOLLOWING SYMPTOMS (CONFIRMED BY A PARENT FOR THOSE UNDER AGE 18), AS THESE ARE POTENTIAL INDICATORS OF COVID-19 INFECTION.</b>	<b>CHECK NEGATIVE</b>	<b>CHECK POSITIVE</b>
<b>A high temperature (above 37.8°C)</b> <ul style="list-style-type: none"> <li>Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<b>A new continuous cough.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Shortness of breath.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>A sore throat.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Loss of or change in normal sense of taste or smell.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Feeling generally unwell.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Persistent tiredness</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Been in close contact with/ living with a suspected or confirmed case of COVID-19 in the previous two weeks.</b>	<input type="checkbox"/>	<input type="checkbox"/>

- Players and spectators should sanitise their hands on arrival.
- Parking is located next to the pitch please see the attached site plan. Please keep social distancing in mind when in the car park.
- A Dalston Coach will let you know what area of the pitch you will be using, Back or Front or Both, see the site plan.
- Each coach should record attendance information (names and contact details) of their respective players and spectators, this information should be kept for at least of 14 days in case we need to provide details to NHS track and trace or the league. Contact details for players and parents are already held by the club. And team WhatsApp groups are setup.

## On The Pitch

1. Participants are to provide their own named water bottles and hand sanitiser. These should be placed at the area marked out by the coach and remain 2m apart from another individual's items. Players are to provide their own refreshments.



2. Substitutes should adhere to social distancing. The younger players should stay in the areas marked out by the coach. When players are substitutes waiting to play they should sit and stand in this area. They shouldn't be running around larking about or touching each other. It is the responsibility of the coach to keep control of his or her players.
3. Goals and equipment will be sanitised before setup.
4. Goals will be sanitised at half time and after each game.
5. No Spitting, chewing gum or snorting snot is permitted.
6. No pre or post game handshakes.
7. Participants are not to celebrate goals etc in close proximity to others.
8. Throw-ins are not allowed for younger groups and will be replaced by kick-ins. For older groups using throw-ins the ball must be sanitised during breaks in the game.

## Off The Pitch

1. Toilets at the Recreation Centre are not open.
2. Please remember that Dalston Rec is a public area and other groups have access please socially distance and respect other users of the facility.
3. Try not to touch any gates, railings, or fences with your hands.
4. Spectator areas will be allocated to each team prior to each session, the coach or manager will let parents know in advance where to stand.

Dalston Recreation Field Site Plan

